

Uitslagenlijst 12e AH ABE . Hunebedloop Havelte - Zaterdag 28 januari 2017

Plts	Naam	GJ	Woonplaats/Vereniging	Bruto	Netto
1	Ephrem Been	1999	HAC '63	18:48	18:48
2	Michiel Veldman	1986	ACO Van Elderen	18:59	18:58
3	Jordi Stam	1995	AV Heerenveen	19:54	19:54
4	Michiel Huzen	1975	Nieuwleusen	20:29	20:27
5	Dries Wielink	1997	Kampen	20:38	20:38
6	Gutama Mame	2000	Sneek	21:14	21:14
7	Bert Jan Wielink	1997	Kampen	21:39	21:38
8	Marco Lok	1977	HAC '63	22:10	22:08
9	Gert Dijkstra	1967	Emmeloord	23:16	23:15
10	Stan Bloemberg	1998	Meppel	23:27	23:23
11	Karel Prins	1969	Veeningen	23:51	23:47
12	Jonny Talen	1973	HAC '63	24:48:00	24:45:00
13	Kars Dijkstra	2003	Emmeloord	24:49:00	24:49:00
14	Martijn Groot Nibbelink	1975	Meppel	26:21:00	25:52:00
15	Egbert Vink	1970	Start '78	27:26:00	27:21:00
16	Joey Houtman	1989	Wolvega	27:42:00	27:19:00
17	Derniek Vogelzang	1999	Staphorst	28:10:00	27:47:00
18	Vincent de Munnik	2004	Veenoord	29:37:00	29:21:00
19	Douwe Numan	1980	Groningen	29:45:00	28:56:00
20	Arne Engel	1984	Staphorst	30:39:00	30:19:00
21	Sebastiaan Feenstra	1978	Meppel	31:51:00	31:11:00
22	Joost de Boer	1977	Meppel	32:27:00	31:47:00
23	Dennis Bakker	1979	Meppel	32:48:00	32:08:00
24	Rick Smit	1990	Meppel	33:50:00	33:14:00
25	Erwin Jansen	1974	Havelte	36:16:00	35:41:00
26	Erik-Jan Compagner	2002	Rouveen	36:21:00	35:25:00
27	Koen Wielink	1996	Kampen	38:59:00	38:59:00

Plts	Naam	GJ	Woonplaats/Vereniging	Bruto	Netto
1	Alfred Ubels	1961	Steggerda	25:18:00	25:16:00
2	Bert Wielink	1966	Kampen	25:34:00	25:34:00
3	Rinus Bentum	1960	Nijeveen	28:29:00	28:22:00
4	Hans Katoele	1958	Nijeveen	28:39:00	28:31:00
5	Anne Bartelds	1945	Start '78	29:22:00	29:20:00
6	Gerard van der Veen	1962	Havelte	31:19:00	30:10:00
7	Hilco Wildeboer	1964	Meppel	31:38:00	31:31:00
8	Harry Segersma	1960	Zwolle	33:08:00	32:02:00
9	Mans Veldsink	1957	Dedemsvaart	37:54:00	37:18:00

10 Bob van der Heuvel 1957 Giethoorn 38:59:00 38:05:00

Pits	Naam	GJ	Woonplaats/Vereniging	Bruto	Netto
1	Fleur Baljet	1995	Horror	21:34	21:34
2	Tamara de Vries	1985	HAC '63	23:22	23:21
3	Ilona Schra	1987	Groningen Atletiek	23:29	23:28
4	Ilona Stille	1986	HAC '63	24:02:00	24:00:00
5	Mare te Biesebeek	2000	Lionitas	24:17:00	24:06:00
6	Annemiek Dekker	1975	NOP	24:23:00	24:17:00
7	Rianne			25:35:00	25:25:00
8	Henriët Heetebrij	1990	Vollenhove	27:53:00	27:40:00
9	Nadieh Koldeweg	1997	Havelte	28:23:00	28:17:00
10	Sanne Keizer	2002	Havelte	28:41:00	28:32:00
11	Renee Andeweg	1980	Havelte	28:55:00	28:49:00
12	Fenna de Vries	1984	Havelte	29:19:00	29:13:00
13	Manon Jansma	1986	HAC '63	29:31:00	29:14:00
14	Kim Hilberts	1992	Uffelte	30:19:00	29:50:00
15	AM. van Ernst-Nederveen	1978	Steenwijk	30:21:00	29:48:00
16	Angela de Ruiten	1975	Meppel	30:43:00	30:08:00
17	Marjolein Lok	1985	Hoogeveen	30:52:00	30:35:00
18	Luciënne van het Hof	1978	Leiden Road Runners Club	31:34:00	31:21:00
19	Marloes Wildeboer	1994	Meppel	31:38:00	31:32:00
20	Jessica Oosterhuis	1985	Wanneperveen	31:43:00	31:24:00
21	Angelique Engel	1985	Staphorst	32:06:00	31:47:00
22	Laura Heinhuis	1995	Havelte	32:20:00	32:11:00
23	Birgitta Damhuis	1974	Steenwijk	32:32:00	32:00:00
24	Sanne Beintema	1992	Havelte	32:38:00	32:08:00
25	Karin Bootsman	1976	Steenwijkerwold	32:46:00	32:10:00
26	Aline Groot Nibbelink	1976	Meppel	32:50:00	32:20:00
27	Inge Otten	1992	Uffelte	33:20:00	32:52:00
28	Esther Bastiaan	1982	Genemuiden	33:35:00	33:19:00
29	Margreet van der Linden	1981	Meppel	34:42:00	34:16:00
30	Maureen Damhuis	1972	Steenwijk	34:54:00	34:19:00
31	Wilma mulder	1975	Meppel	35:01:00	34:35:00
32	Elsemiek van de Peppel	1991	Meppel	35:22:00	35:22:00
33	Yessica Tanalepy	1988	Hoogeveen	36:29:00	35:27:00
34	Katrien de Jong	1976	Havelte	36:30:00	35:35:00
35	Paula Veldman	1993	Groningen	36:35:00	36:27:00
36	Marloes Veldman	1992	De Sprinter	36:39:00	36:30:00
37	Jose ten Klooster	1989	Meppel	36:52:00	36:15:00
38	Angela Spin	1992	Wolvega	37:18:00	36:27:00
39	Paula Foppen-Trul	1987	Staphorst	38:45:00	38:00:00
40	Emy Otten	1998	Uffelte	39:01:00	38:33:00
41	Simone Pleizier	1988	Meppel	39:02:00	38:23:00
42	Carolien van der Laan	1977	Havelte	39:46:00	38:56:00

43	Celina van Houten	1975 Havelte	42:29:00	41:32:00
44	Narlies Mathilda	1974 Havelte	42:33:00	41:40:00
45	Mariëlle vh Hof	1972 Borger	44:04:00	43:51:00
46	Moniek Beute	1980 Assen	45:07:00	44:50:00

Plts	Naam	GJ	Woonplaats/Vereniging	Bruto	Netto
1	Fenna Brassien	1970	Steenwijkerwold	26:20:00	25:47:00
2	Petra Hasper	1963	De Sprinter	29:44:00	29:00:00
3	Yolanda Mors	1971	PEC 1910	32:40:00	32:17:00
4	Dorinthe Winkel	1970	Darp	33:19:00	32:44:00
5	Coby Trul	1961	Staphorst	35:00:00	34:16:00
6	Astrid van den Corput	1969	Steenwijkerwold	35:08:00	34:32:00
7	Margreeth Jonkman	1967	Kerkenveld	35:16:00	35:00:00
8	Eelkje van der Meer	1968	De Knipe	37:18:00	36:27:00
9	Ellie Akse	1961	Meppel	38:40:00	38:32:00
10	Jannie v.d. Heuvel	1954	Giethoorn	38:57:00	38:03:00
11	Annemieke Knevel	1964	Ruinerwold	40:01:00	39:17:00
12	Dorien Houweling	1966	Darp	46:14:00	45:14:00

Plts	Naam	GJ	Woonplaats/Vereniging	Bruto	Netto
1	Bert de Boer	1987	BB lopers	28:19:00	28:16:00
2	Alwin Hoorn	1994	HAC '63	28:52:00	28:52:00
3	Marcel de Bats	1986	Cialfo	28:58:00	28:57:00
4	Erik Snijders	1982	Schoonebeek	30:12:00	30:12:00
5	Frank Everts	1985	HAC '63	30:31:00	30:30:00
6	Jannes Dolfing	1968	HAC '63	30:56:00	30:55:00
7	Andre Brakke	1985	AG'85	31:14:00	31:12:00
8	Remco Akse	1993	BB lopers	31:28:00	31:27:00
9	Jolick Nijenhuis	1996	HAC '63	32:15:00	32:15:00
10	Site Ferwerda	1985	Hattem	34:36:00	34:31:00
11	Roelof Schra	1969	Staphorst	34:51:00	34:48:00
12	Marco Bosma	1986	Start '78	35:44:00	35:33:00
13	Anne Marsman		ACO Van Elderen	36:24:00	36:16:00
14	Christiaan Kodde	1978	Meppel	37:31:00	37:10:00
15	Anton Alberts	1977	Meppel	37:37:00	37:16:00
16	Vincent Mol	1978	Diever	37:44:00	37:39:00
17	Pieter de Jong	1972	Oldeberkoop	37:44:00	37:28:00
18	Berry Wognum	1982	Meppel	37:51:00	37:25:00
19	Bart van der Gaag	1969	Amsterdam	38:29:00	38:06:00
20	Leon van Weenen	1971	Hoogeveen	38:53:00	38:27:00
21	Mike Fafieanie	1985	Utrecht	39:04:00	38:50:00
22	Jarco Tehupuring	1985	Groningen	39:08:00	38:44:00
23	Dennis Borgmeier	1979	Nieuwleusen	39:14:00	39:07:00
24	Lars Jansen	1969	Koekange	39:29:00	39:03:00

25	Axel Noorman	1998 Zuidlaren	40:06:00	39:56:00
26	Danny Jonker	1992 Meppel	40:10:00	39:45:00
27	Leon den Hertog	1977 Assen	40:30:00	40:03:00
28	Bertram Steringa	1982 Meppel	40:53:00	40:15:00
29	Jan Compagner	1975 Rouveen	41:09:00	40:02:00
30	Rene Tissingh	1979 Meppel	41:11:00	40:51:00
31	Pieter Jan Overzet	1982 Meppel	41:30:00	41:12:00
32	Vladimir Koetse	1981 Hoogezand	41:34:00	41:21:00
33	Harmen Stam	1988 Loopgroep Bedum	41:51:00	41:32:00
34	Jos Venema	1983 Meppel	42:01:00	41:42:00
35	Tim Schadenberg	1985 Utrecht	42:44:00	42:21:00
36	Hilko Folkeringa	1968 Assen	43:02:00	42:35:00
37	Chris Speelman	1969 Horror	44:05:00	43:52:00
38	Niels van Dalen	1981 Meppel	44:12:00	43:38:00
39	Henk de Vries	1984 Havelte	44:19:00	43:33:00
40	Martijn Dekker	1983 Meppel	44:34:00	43:55:00
41	Egbert Meinen	1983 Meppel	44:40:00	44:01:00
42	Fred Grimm	1975 Meppel	44:58:00	44:37:00
43	Marko Nijmeijer	1970 Hasselt	45:10:00	44:38:00
44	Vincent Nevels	1990 Meppel	45:52:00	45:13:00
45	Eugene Hoen	1973 Steenwijk	46:09:00	46:09:00
46	Johan Bijker	1971 Steenwijk	46:09:00	45:39:00
47	Arnold Hendriks	1967 Havelte	46:28:00	45:38:00
48	Bart Geurts	1984 Havelte	47:44:00	47:24:00
49	Antoni Scholten	1979 Giethoorn	48:22:00	47:55:00
50	Eric Folio	1970 Nederland	49:20:00	48:57:00
51	Milo van den Dool	2002 Appingedam	49:25:00	48:39:00
52	Robin Langerhuizen	1968 Havelte	49:40:00	49:10:00
53	Roland Otten	1979 Meppel	50:24:00	49:28:00
54	Willemjan Santbergen	1989 Meppel	52:47:00	51:49:00
55	Erwin Tiemens	1973 Havelte	53:37:00	52:41:00

Pits	Naam	GJ	Woonplaats/Vereniging	Bruto	Netto
1	Nanne Jagersma	1962	Joure	32:44:00	32:42:00
2	Jan Beldman	1959	Dalfsen	33:33:00	33:32:00
3	Herman Gruppen	1962	Staphorst	35:31:00	35:25:00
4	Dick Duiker	1964	De Sprinter	35:54:00	35:50:00
5	Cor Wetting	1953	Lionitas	37:38:00	37:34:00
6	Jan Snijder	1961	AG'85	38:04:00	37:57:00
7	Jebbe Westerbeek	1964	Steenwijk	38:18:00	38:08:00
8	Klaas Doldersum	1962	Havelte	39:15:00	39:01:00
9	Harm Dunnink	1967	Staphorst	39:41:00	39:34:00
10	Klaas Jonkman	1963	Kerkenveld	40:23:00	40:08:00
11	Laurens Kolderweij	1962	Havelte	40:40:00	40:34:00
12	Henny Berends	1965	Spurt '88	41:05:00	41:01:00

13	Luc Lucardie	1963 Zuidveen	41:43:00	41:33:00
14	Jouke de Vries	1956 Lionitas	42:14:00	42:08:00
15	Jan vant Hooge	1957 Meppel	42:52:00	42:28:00
16	Dick Nijmeijer	1966 Zwolle	43:05:00	42:43:00
17	Jan Portijk	1966 Wolvega	43:29:00	43:06:00
18	Michael Brinkhof	1965 Hoogeveen	43:42:00	43:15:00
19	Jan Vis	1947 Start '78	43:45:00	43:30:00
20	Sjaak Kors	1964 Meppel	44:02:00	43:31:00
21	Menno Roskam	1965 Horror	44:07:00	43:55:00
22	Henk Daling	1946 HAC '63	44:41:00	44:31:00
23	Geert Flinkert	1955 Meppel	44:50:00	44:03:00
24	Jan Brugging	1961 Havelte	45:29:00	44:40:00
25	Albert Lucas	1953 Nijeveen	46:10:00	45:42:00
26	Jan Supèr	1963 Meppel	47:15:00	46:34:00
27	Cor v.d. Berg	1953 NOP	47:21:00	46:50:00
28	Rien Kikkert	1965 Hoogeveen	47:39:00	46:37:00
29	Piet Brouwer	1958 Zwolle	47:48:00	47:02:00
30	Peter Steenbergen	1964 Hoogeveen	47:51:00	47:21:00
31	Ruud van Brevoort	1955 Start '78	48:02:00	47:19:00
32	Henry Dekker	1966 Wanneperveen	48:35:00	48:20:00
33	Ferdisijn van den Dool	1965 Appingedam	50:26:00	49:39:00
34	Harry Prins	1959 Beilen	50:46:00	50:39:00
35	Tonnie Borman	1953 Meppel	50:54:00	50:00:00
36	Leo Visscher	1956 Meppel	53:08:00	52:44:00
37	Aaldert Nekeman	1952 Staphorst	53:25:00	52:58:00
38	Gerrit Wouda	1929 De Sprinter	01:10:19	01:09:27

Plts	Naam	GJ	Woonplaats/Vereniging	Bruto	Netto
1	Eline Kelly	1993	Start '78	35:47:00	35:38:00
2	Iris Dahler	1974	Hoogeveen	36:01:00	35:58:00
3	Danielle Kors	1991	Ten Boer	41:51:00	41:33:00
4	Roelieke Wimmenhove	1988	Zwolle	42:49:00	42:28:00
5	Rianne Daan	1982	Steenwijkerwold	43:18:00	43:10:00
6	Mirjam Veilman	1987	Ruinen	43:31:00	42:43:00
7	Dinly Neutel	1977	Ruinen	43:31:00	42:44:00
8	Natasja Tiemens	1982	Genemuiden	43:38:00	43:21:00
9	Marjanne Kateberg	1974	Veeningen	43:45:00	43:30:00
10	Mette Jansen	1985	Hoogeveen	43:45:00	43:15:00
11	Petra Snel	1973	Zwartsluis	43:52:00	43:41:00
12	Esther van Duren	1975	Nieuwleusen	44:05:00	43:52:00
13	Martine Oosterloo	1973	Impala	44:21:00	44:03:00
14	Alyanne Havelte	1990	Havelte	44:52:00	44:33:00
15	Annelien van Zanten	1979	Meppel	44:53:00	44:07:00
16	Patricia Hoogenkamp	1985	Oldemarkt	44:54:00	44:46:00
17	Sandra de Haas	1975	Meppel	44:58:00	44:37:00

18	Judith Weits	1973 Heerenveen	45:09:00	44:49:00
19	Marije Postma	1978 Drachten	45:57:00	45:40:00
20	Mirjam Daan	1980 Oldemarkt	45:59:00	45:51:00
21	Anne Top	1989 Utrecht	46:01:00	45:32:00
22	Angelique Bangma	1976 Havelte	46:37:00	45:44:00
23	Marjanne Schapelhouman	1973 De Sprinter	46:39:00	46:05:00
24	Janine Koops	1977 Meppel	46:46:00	45:58:00
25	Liebeth Kerssies	1978 Zwartsluis	46:53:00	46:42:00
26	Angela Schreuder	1978 Isala '96	47:02:00	46:38:00
27	Dineke Vos	1977 Zwolle	47:12:00	47:00:00
28	Winanda Dijkstra	1979 Drachten	47:21:00	46:48:00
29	Marian de poel	1976 Meppel	47:31:00	46:53:00
30	Hennie Kisteman	1976 Zwartsluis	47:40:00	47:31:00
31	Niké Compagner	1993 IJhorst	47:42:00	47:03:00
32	Harmke vd Merk	1975 De Blesse	48:19:00	47:46:00
33	Jacolien Huisman	1986 Groningen	48:23:00	48:05:00
34	Nienke Schrotenboer	1993 Havelte	48:24:00	48:06:00
35	Xandra Drost	1974 Groningen	48:33:00	47:58:00
36	Henriët Pronk	1975 Wezep	48:44:00	48:22:00
37	Helene Bikker	1979 Meppel	48:47:00	48:00:00
38	Ingrid Konter	1978 Vollenhove	48:52:00	48:23:00
39	Karin Roomer	1982 Meppel	49:37:00	49:12:00
40	Nienke Crama	1979 Havelte	49:54:00	49:02:00
41	Jackelien Meijerink	1980 Oosterhesselen	50:10:00	49:24:00
42	Helena Til	1973 Eenum	50:56:00	49:58:00
43	Jolanda Hofstede	1972 Kampen	51:20:00	50:56:00
44	Suzan Zuidberg	1981 Wolvega	51:40:00	50:45:00
45	Hanneke Ruiten	1992 Groningen	52:14:00	51:44:00
46	Ellen Geul	1997 Havelte	52:15:00	51:24:00
47	Arrienne Dreves	1973 Ens	52:21:00	51:29:00
48	Zwanienke Duiven	1974 Havelte	52:22:00	51:30:00
49	Amber Heemskerk	1979 Havelte	52:23:00	51:41:00
50	Petra Brugging	1974 Havelte	52:54:00	52:06:00
51	Annemiek Linde	1980 Havelte	52:59:00	52:16:00
52	Ester Marsman	1977 De Sprinter	53:10:00	52:23:00
53	Judith de Groot-Klein	1980 Meppel	53:41:00	53:03:00
54	Geeke Bosma	1983 Wolvega	53:44:00	52:49:00
55	Irene Smit	1980 Isala '96	54:12:00	53:48:00
56	Carola Steenbergen	1981 De Sprinter	54:16:00	53:31:00
57	Iris Tiemens	1999 Havelte	54:41:00	53:52:00
58	Nina Tiemens	2000 Havelte	54:41:00	53:53:00
59	Marije Hendriks	1999 Havelte	54:41:00	53:53:00
60	Manuela van Werd	1969 Meppel	56:47:00	56:03:00
61	Meta Hoogendoorn	1988 Nieuwleusen	57:36:00	56:57:00
62	Anouk Brummer	1985 Wanneperveen	58:15:00	57:25:00
63	Monique Otten	1974 Meppel	58:15:00	57:21:00

64	Marjan van Wees	1975 Havelte	58:47:00	58:06:00
65	Susanne Oomkens	1974 Havelte	58:47:00	58:06:00
66	Marlies Koster	1983 De Sprinter	01:00:52	59:59:00
67	Evelien Cuperus	1974 Havelte	01:03:41	01:02:46

Plts	Naam	GJ	Woonplaats/Vereniging	Bruto	Netto
1	Jantiene Groeneveld	1970	Havelte	35:54:00	35:50:00
2	Gerda Akkerman	1968	AG'85	39:03:00	38:59:00
3	Gerda Kloek-Tusveld	1958	Vechtdallopers	41:57:00	41:52:00
4	Gerrie Ebbeling	1961	Nijeveen	44:45:00	44:16:00
5	Jeanette Mussche	1971	AG'85	44:58:00	44:52:00
6	Ada Folio	1967	De Sprinter	45:56:00	45:33:00
7	Helma Bloemert	1967	Staphorst	46:00:00	45:35:00
8	Tea Busstra	1964	Lionitas	46:30:00	46:24:00
9	Ingrid Biemolt	1967	De Sprinter	47:26:00	46:52:00
10	Lidia Hertogs	1964	Meppel	47:31:00	46:54:00
11	Diny Jansen	1960	Start '78	48:01:00	47:18:00
12	Mieke Sellis	1959	Staphorst	48:27:00	48:02:00
13	Willemien Weits	1968	Nieuwleusen	48:38:00	48:18:00
14	Marjon Feenstra	1970	Nederland	49:30:00	48:44:00
15	Ingrid Weenk	1967	Havelte	49:54:00	49:02:00
16	Elle van den Berg	1963	LSV Invictus	50:12:00	49:52:00
17	Margot Orsel	1967	De Sprinter	50:19:00	50:00:00
18	Zsuzsa Nijenhuis	1972	Meppel	50:32:00	49:49:00
19	Elly Mollema	1968	Meppel	50:36:00	50:03:00
20	Marja Vink	1963	Steenwijk	50:56:00	49:57:00
21	Dorien Drent	1966	De Wijk	50:57:00	50:15:00
22	Petra Lueb	1968	Meppel	51:16:00	50:42:00
23	Ellen van Heuvel	1969	De Sprinter	51:18:00	51:00:00
24	Janny van Rossen	1952	Amsterdam	51:33:00	50:56:00
25	Neel van Mourik	1959	Friesland	51:38:00	50:58:00
26	Anita Hendriks	1965	Havelte	52:12:00	51:22:00
27	Truus Smeenk	1966	De Sprinter	52:14:00	51:54:00
28	Gerda Geul-Hartman	1967	Havelte	52:15:00	51:24:00
29	Jeanette Klempau	1966	Havelte	52:17:00	51:24:00
30	Anita Oosterhof	1967	Havelte	52:18:00	51:28:00
31	Wendy Hereijgers	1967	De Sprinter	52:18:00	51:57:00
32	Grietje Lubbers	1963	Ruinerwold	52:21:00	51:33:00
33	Grietje Klomp	1960	De Sprinter	52:21:00	51:34:00
34	Willemien Schuttenbelt	1958	Vollenhove	53:26:00	53:03:00
35	Hennie Weltevreden	1953	De Sprinter	53:52:00	53:09:00
36	Griet Mollema	1969	Drachten	54:06:00	53:33:00
37	Wilma pit	1970	Vledder	54:36:00	54:14:00
38	Nienke Zwerver	1966		56:59:00	56:23:00
39	Hanneke Nijmeijer	1969	Zwolle	59:47:00	59:23:00

Plts	Naam	GJ	Woonplaats/Vereniging	Bruto	Netto
1	Team Bregje	1959	De Sprinter		41:35:00
2	Jan Knopert	1964	BB lopers		42:29:00
3	Monica Keers	1970	Meppel		44:21:00
4	Paul en Joep	1977	Havelte		45:04:00
5	Erwin Kerkdijk	1972	De Sprinter		45:33:00
6	Dennis Dekker	1973	Hoogeveen		46:17:00
7	Marleen van Regteren	1990	Dwingeloo		48:37:00
8	Sander Hofstra	1979	Oosterwolde Fr		50:58:00
9	Petra Mulder	1974	Oosterwolde Fr		53:33:00
10	Benny IJntema	1973	Hoogeveen		53:40:00
11	Rianne Wijnen	1976	Diever		54:29:00
12	Lisette Strijker	1982	Hoogeveen		54:45:00
13	Jeroen Jansen	1970	Steenwijk		55:02:00
14	Yvonne Landman	1972	Havelte		55:44:00
15	Bianca Brouwer	1973			56:01:00
16	Hendrie Blomsma	1970	Assen		59:29:00
17	Marion Pekelaer	1982	Hoogezand		01:00:18
18	Team Bremer	1966	Pesse		01:01:30
19	Roel Veld	1969	Havelte		01:06:31

Plts	Naam	GJ	Woonplaats/Vereniging	Bruto	Netto
1	Erik Bolding	1983	Start '78	53:39:00	53:39:00
2	Jan Schra	1988	BB lopers	54:31:00	54:30:00
3	Alishum Osman Hasen	1952	Start '78	56:26:00	56:25:00
4	Frank Eikenaar	1983	PEC 1910	56:47:00	56:46:00
5	Guido van den Boogaard	1990	Groningen	56:57:00	56:54:00
6	Albert-Jan de Haan	1980	HAC '63	57:48:00	57:46:00
7	Sebastiaan Pol	1981	Coevorden	59:30:00	59:26:00
8	Harold Engels	1983	Staphorst	01:01:24	01:01:19
9	Jippe Jongsma	1990	Gorredijk	01:02:31	01:02:26
10	Daniël van den Boogaard	1991	Havelte	01:02:36	01:02:32
11	Jeroen Thalen	1979	HAC '63	01:02:37	01:02:34
12	Richard Kroon	1981	Isala '96	01:03:26	01:03:24
13	Bram Veenboer	1990	Hoogeveen	01:03:35	01:03:28
14	Erwin Kip	1977	HAC '63	01:03:44	01:03:38
15	Ernst Kellij	1995	Start '78	01:04:18	01:04:14
16	Jeroen-Pieter vd Vliet	1986	HAC '63	01:04:26	01:04:24
17	Steven Oostindie	1993	Start '78	01:04:56	01:04:52
18	Dennis Brandenburg	1980	Steenwijk	01:04:59	01:04:57
19	Jan-Jorrit Lubben	1990	Zwartemeer	01:04:59	01:04:52
20	Rob van Grinsven	1987	Ruinen	01:05:35	01:05:32
21	Lambert Russcher	1987	Staphorst	01:06:05	01:06:02

22	Johan Visscher	1983	Staphorst	01:06:53	01:06:47
23	Rudie Troost	1988	Rouveen	01:06:58	01:06:56
24	Matthieu de Groot	1979	Meppel	01:09:25	01:08:50
25	Roelof van Marrum	1980	Drachten	01:10:14	01:10:13
26	Tom van Dalum	1978	Meppel	01:10:17	01:09:58
27	Rudo Tiemens	1978	De Sprinter	01:10:29	01:10:25
28	Erik Maes	1979	Meppel	01:10:48	01:10:32
29	Matthieu Huisman	1995	Rouveen	01:11:09	01:10:58
30	Gerrit van Oene	1978	Isala '96	01:11:30	01:11:20
31	Gerrit Griffioen	1987	Emmeloord	01:11:35	01:11:27
32	Jorrit Neele	1982	Steenwijk	01:11:55	01:11:48
33	Johan de Lange	1982	Meppel	01:12:39	01:12:34
34	Henk Popken	1980	LSV Invictus	01:12:55	01:12:47
35	Erwin Groenink	1978	Start '78	01:13:15	01:13:01
36	Philip Pruijm	1985	Loopgroep Groningen	01:13:17	01:13:07
37	Milco Winters	1987	Meppel	01:13:23	01:13:06
38	Jonathan Hol	1981	Nieuwleusen	01:14:28	01:14:16
39	Eelco de Groot	1980	Assen	01:15:12	01:14:32
40	Allart Middelbrink	1984	Havelte	01:15:29	01:15:16
41	Harold Jan ten Kate	1984	Beilen	01:16:06	01:15:47
42	Leonard Smit	1979	Terwispel	01:16:11	01:15:14
43	Joost Venema	1982	Meppel	01:16:23	01:15:44
44	Frank van de Belt	1978	Meppel	01:17:18	01:17:13
45	Mark Timmerman	1997	Zwartsluis	01:17:45	01:17:35
46	Robin van den Berg	1995	Havelte	01:18:30	01:18:15
47	Wouter Trumpie	1977	Groningen	01:20:23	01:19:47
48	Erik Akkerman	1983	De Sprinter	01:20:27	01:20:14
49	Gerben Kelly	1986	Ruinen	01:21:25	01:20:33
50	Albert Blok	1986	Hattem	01:22:04	01:21:19
51	Ralph de Vries	1978	Meppel	01:23:19	01:23:19
52	Frens Blei	1982	Steenwijkerwold	01:23:21	01:22:44
53	Ivo Eikenaar	1978	Havelte	01:23:56	01:23:18
54	Peter Velthuis	1985	Enschede	01:27:40	01:26:55
55	Gerben Frieswijk	1983	Meppel	01:27:45	01:27:07
56	Sebastiaan Verlaan	1980	Leeuwarden	01:31:01	01:30:29

Pits	Naam	GJ	Woonplaats/Vereniging	Bruto	Netto
1	Bert Karssies	1974	HAC '63	57:48:00	57:46:00
2	Erik Dambrink	1968	De Sprinter	01:00:11	01:00:09
3	Harold Hofenk	1973	De Sprinter	01:01:10	01:01:07
4	Pieter-Jan Kooi	1967	Loppersum	01:02:07	01:02:06
5	Bennie Akkerman	1969	AG'85	01:02:45	01:02:43
6	Grant de Munnik	1970	Veenoord	01:03:13	01:03:05
7	Marcel Oosterhuis	1979	Wanneperveen	01:04:09	01:03:51
8	Gerwin Kamps	1970	Start '78	01:04:53	01:04:50

9	Jaap de Vries	1974 AAC '61	01:04:59	01:04:59
10	Edwin Wallinga	1974 Hasselt	01:09:34	01:09:20
11	Henk Tuinstra	1969 Assen	01:09:40	01:08:55
12	Marcel ten Wolde	1970 Wanneperveen	01:10:45	01:10:27
13	Ronald Voerman	1968 Zwartsluis	01:11:39	01:11:30
14	Berry Pees	1967 Start '78	01:13:07	01:12:53
15	Sandor Houvelin	1971 De Sprinter	01:14:08	01:13:22
16	Willem de Vries	1974 Loopclub Burgum	01:14:29	01:14:20
17	Robert van der Meulen	1969 Isala '96	01:14:47	01:14:37
18	Patrick Nijmeijer	1973 PEC 1910	01:14:53	01:14:44
19	Edward Rozendal	1975 Start '78	01:14:58	01:14:30
20	Geert Bos	1970 Assen	01:15:06	01:14:54
21	Eric Lorist	1970 Isala '96	01:15:48	01:15:26
22	Peter Tuinstra	1972 Ter Apel	01:17:43	01:17:23
23	Robert-Jan de Vries	1975 Zwartsluis	01:17:45	01:17:37
24	Johan Teeninga	1972	01:18:05	01:18:03
25	Guus Freriks	1972 RRZ	01:18:51	01:18:30
26	Michel Dolstra	1974 Meppel	01:20:01	01:19:49
27	Richard Rozendal	1968 Steenwijk	01:20:17	01:19:50
28	Henk Supheert	1967 Steenwijk	01:20:17	01:19:49
29	Erwin Venema	1975 Zuidwolde Dr	01:20:34	01:19:57
30	Henk-Jan van der Klis	1970 Balkbrug	01:21:56	01:21:36
31	Jako Chaigneau	1972 Zwolle	01:22:21	01:21:43
32	Anton Lageberg	1967 Friesland	01:22:32	01:22:01
33	Ivo Ouwerkerk	1969 Basse	01:22:49	01:22:17
34	Bernard d'Hont	1975 Appelscha	01:22:50	01:22:36
35	Bert Meijer	1968 Ruinerwold	01:23:07	01:22:48
36	Koop Steenbergen	1967 Zuidwolde Dr	01:23:16	01:23:02
37	Willem de Boer	1971	01:25:31	01:24:48
38	Johan Kruiger	1968 Meppel	01:25:41	01:24:56
39	Bote Bakker	1974 Steenwijk	01:28:56	01:28:18
40	Adriaan ter Horst	1967 Zwartsluis	01:30:00	01:29:03
41	Gert Baas	1968 HAC '63	01:30:12	01:29:41
42	Lucien Wink	1974 Havelte	01:30:40	01:30:02
43	Hans Popken	1967 Assen	01:31:39	01:31:10
44	Dirk Willem Hiemstra	1968 Meppel	01:33:25	01:33:03
45	Adwin Peeks	1969 Meppel	01:36:00	01:35:10

Pits	Naam	GJ	Woonplaats/Vereniging	Bruto	Netto
1	cor Ton	1962	LSV Invictus	58:18:00	58:17:00
2	Johan Hulzebos	1963	Clytoneus	59:22:00	59:20:00
3	Ignas Dümmer	1966	AAC '61	59:30:00	59:29:00
4	Siem Hiemsha	1966	LSV Invictus	01:00:56	01:00:54
5	Theo Groenendijk	1959	LSV Invictus	01:02:54	01:02:51
6	Hubert Bögemann	1962	De Gemzen	01:02:57	01:02:53

7	Harm Kooiker	1959 AG'85	01:03:19	01:03:16
8	Hans Westenbrink	1963 De Sprinter	01:03:30	01:03:27
9	Gerard Hesselmans	1959 NOP	01:04:31	01:04:25
10	Roel Westert	1964 Ruinerwold	01:04:36	01:04:32
11	Willem Brinkman	1958 De Schiphorst	01:06:41	01:06:36
12	Petras Kavaliauskas	1946 Hoogeveen	01:06:53	01:06:51
13	Klaas de Haan	1960 Start '78	01:07:04	01:06:59
14	Evert Bisschop	1960 Koekange	01:07:18	01:07:13
15	Eddy Oosterkamp	1957 Start '78	01:07:29	01:07:25
16	Jelle Miedema	1963 Willemsoord	01:07:58	01:07:53
17	Pieter Veenstra	1966 Groningen	01:08:01	01:07:27
18	Evert Heinhuis	1966 Havelte	01:09:37	01:09:28
19	Arnold Broek	1965 Start '78	01:10:00	01:09:47
20	Ytsen de Boer	1966 Steenwijk	01:10:37	01:10:29
21	Rien Janse	1967 Luttelgeest	01:11:18	01:10:52
22	Robert Hertogs	1962 Meppel	01:11:36	01:10:58
23	Jan Lensink	1965 Zwartsluis	01:11:39	01:11:29
24	Auke Brouwer	1966	01:12:03	01:11:47
25	Jan de Groot	1963 Start '78	01:12:25	01:12:12
26	Gerard Inberg	1964 De Wijk	01:12:31	01:12:03
27	Danny Olinga	1961 De Sprinter	01:12:50	01:12:33
28	Bert van Duuren	1952 PEC 1910	01:12:55	01:12:46
29	Herman Wennink	1957 Spurt '88	01:13:25	01:13:21
30	Jan van den Boogaard	1958 Havelte	01:13:42	01:13:36
31	Johan Orsel	1965 De Sprinter	01:14:13	01:13:54
32	Wietze Westerhuis	1965 Impala	01:14:27	01:14:12
33	Kees Regelink	1952 Vollenhove	01:15:59	01:15:36
34	Ruurd Veenstra	1949 Friesland	01:16:19	01:16:11
35	Frits Lautenbag	1948 De Gemzen	01:18:16	01:18:11
36	Leddy Karelse	1960 Meppel	01:18:49	01:18:43
37	Jan Witte	1952 Meppel	01:19:25	01:18:57
38	Piet de Vries	1957 Uffelte	01:19:26	01:18:52
39	Arie Driesprong	1961 DOS	01:19:35	01:19:19
40	Harm Smit	1944 Ruinen	01:19:51	01:18:59
41	Toon van Galen	1965 Scheerwolde	01:20:17	01:19:41
42	Klaas van der Kamp	1965 Tuk	01:20:18	01:19:51
43	Piet van Dijk	1956 Meppel	01:20:33	01:20:15
44	Klaas de Haan	1960 Start '78	01:20:37	01:20:18
45	Juda Vecht	1960 BB lopers	01:20:39	01:20:09
46	Gunter Runow	1952 Reestruffers	01:20:47	01:20:17
47	Jack van Rozen	1955 LSV Invictus	01:21:06	01:21:06
48	Levert Klooster	1953 Ruinerwold	01:21:07	01:20:49
49	Jan Knol	1957 Nijeveen	01:21:37	01:21:06
50	Hans Noorman	1962 Zuidlaren	01:21:42	01:21:31
51	Lieuwe Dijkstra	1951 LSV Invictus	01:22:05	01:22:05
52	Kees-Herman Mulder	1960 Meppel	01:23:01	01:22:57

53 Evert Dekker	1959 Ruinen	01:23:07	01:22:16
54 Evert van den Berg	1965 Urk	01:23:58	01:23:15
55 Peter de Vries	1963 De Wijk	01:24:00	01:23:24
56 Richard Koehorst	1966 Hoogeveen	01:28:46	01:28:20
57 Fred Backhaus	1953 Meppel	01:28:53	01:28:48
58 Klaasjan Iouw	1964 Zwartsluis	01:29:40	01:28:45
59 Ben d'Hont	1952 Donkerbroek	01:30:04	01:29:51
60 Erik Stam	1956 Loopgroep Bedum	01:30:19	01:30:01
61 Arend Mekkes	1950 Ansen	01:31:54	01:31:00
62 John Sluiters	1959 Maassluis	01:38:21	01:37:34
63 Gerard Velthuis	1957 Meppel	01:38:33	01:37:48
64 Cor Plat	1959 Rotterdam	01:38:42	01:38:23
65 Niek Verhoeff	1960 Meppel	01:40:04	01:39:23
66 John Koot	1957 Zuidlaren	01:40:06	01:39:36
67 Tjits de Jong	1949 Koekange	01:40:09	01:39:39
68 Jelte Nijholt	1944 Oosterwolde Fr	01:48:07	01:47:21

Plts	Naam	GJ	Woonplaats/Vereniging	Bruto	Netto
1	Corien Jansen	1986	De Sprinter	01:04:14	01:04:12
2	Kelly van den Heuvel	1988	Steenwijk	01:07:19	01:07:14
3	Manon Heinhuis	1998	Havelte	01:11:32	01:11:24
4	Simone Evertse	1990	Groningen	01:11:43	01:11:39
5	Tessa van den Berg	1996	Vollenhove	01:13:34	01:13:23
6	Lisette ten Wolde	1989	Peperga	01:14:33	01:14:22
7	Leonie Eenkhoorn	1986	Isala '96	01:14:46	01:14:37
8	Susan van der Salm	1987	Meppel	01:14:54	01:14:37
9	Ima Stroek	1986	Havelte	01:16:31	01:16:19
10	Meike Kuipers	1991	Nuis	01:17:39	01:16:56
11	Annemarie Elsinga	1986	AAC '61	01:17:50	01:17:46
12	Esther Vecht	1993	Amsterdam	01:18:46	01:18:15
13	Liza Karman	1984	Isala '96	01:21:32	01:21:08
14	Susan Gansekoele	1983	Meppel	01:28:04	01:27:48
15	Petra Verlaan	1983	Leeuwarden	01:36:40	01:36:08
16	Alice d'Hont	1984	Appelscha	01:38:58	01:38:45

Plts	Naam	GJ	Woonplaats/Vereniging	Bruto	Netto
1	Corien Wegkamp	1980	Zwartemeer	01:05:04	01:04:57
2	Janneke Molenhuis	1977	De Sprinter	01:05:57	01:05:55
3	Gerda de jong	1975	PEC 1910	01:06:32	01:06:30
4	Sanne Heidinga	1976	Rolde	01:06:49	01:06:40
5	Sandra Medendorp	1974	HAC '63	01:09:48	01:09:42
6	Marike de Vink	1981	Havelte	01:17:36	01:17:32
7	Claartje Freriks	1975	Havelte	01:18:51	01:18:29
8	Gea Pol	1978	Coevorden	01:20:32	01:20:22

9	Maaïke Heidings	1974 Eppenuizen	01:23:20	01:23:10
10	Roelien Luijt	1981 Alphen Gld	01:24:15	01:23:55
11	Anita Albers	1973 Ruinen	01:25:03	01:24:11
12	Heleen van der Grijn	1973 De Sprinter	01:29:02	01:28:41
13	Miranda Majoor	1975 Gorredijk	01:32:10	01:31:13
14	Jo Majoor	1973 Gorredijk	01:32:30	01:31:33
15	Leonie Peek	1975 Meppel	01:36:00	01:35:10
16	Manjusha Nuijen	1976 Emmen	01:38:33	01:38:16
17	Siska Koster	1976 Havelte	01:41:10	01:40:33
18	Gea Wink	1972 Havelte	01:41:10	01:40:33

Plts	Naam	GJ	Woonplaats/Vereniging	Bruto	Netto
1	Anette de Nijs	1968	Ruinen	01:12:27	01:12:17
2	Adrie Hartholt	1964	LSV Invictus	01:12:48	01:12:41
3	Wilma van Galen	1962	Start '78	01:13:50	01:13:37
4	Marleen Luning	1970	LGR'88	01:15:27	01:15:27
5	Marjan van der Zee	1969	Friesland	01:16:28	01:16:20
6	Petra Faber	1964	Amsterdam	01:18:03	01:17:11
7	Jolanda Akkermans	1968	NOP	01:18:14	01:17:59
8	Coby d'Hont	1953	Donkerbroek	01:18:34	01:18:21
9	Liesbeth Hoekstra	1967	Groningen	01:19:50	01:19:29
10	Marjan Brinkman	1970	Zuidwolde Dr	01:22:07	01:21:54
11	Tiny Wouda	1962	Friesland	01:23:05	01:22:57
12	Marijke Kroon	1959	Vinkeveen	01:23:12	01:23:03
13	Akkie Greydanus	1956	Ruinen	01:25:21	01:24:59
14	Henriette Hooge	1965	Zuidwolde Dr	01:27:54	01:27:24
15	Riki Greemers	1959	Ossenzijl	01:28:23	01:28:08
16	Liesbeth Koehorst	1968	Hoogeveen	01:28:46	01:28:21
17	Hellen Mulder	1955	Meppel	01:28:53	01:28:47
18	Carolien Nijenhuis	1962	Ansen	01:29:11	01:28:46
19	Rommie de Witte	1954	NOP	01:30:39	01:30:15
20	Annet Popken	1968	Assen	01:31:32	01:31:04
21	Berlinda de Boer	1970	Darp	01:33:41	01:33:17
22	Jacqueline Ketel	1955	Uffelte	01:33:45	01:33:09
23	Jo-Ann Fehse	1970	Havelte	01:38:19	01:37:38
24	Sandra Kouwenhoven	1968	Rotterdam	01:38:41	01:38:23